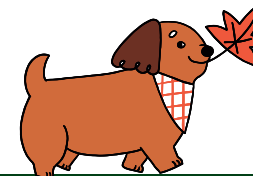




FOLLOW US ON INSTAGRAM
@rosemeadcafe

November



**FREE
BREAKFAST
AND LUNCH
FOR ALL
STUDENTS**

Menu are subject to change without prior notice

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meals includes assorted fresh fruit and/or vegetables, and 1% or fat free milk



<p>Breakfast Egg, Cheese & Bacon Sandwich ⁴</p> <p>Beef Pasta Bolognese with Garlic Knot or Three Cheese Calzones</p>	<p>Assorted Pop Tart with Cracker ⁵</p> <p>Spicy Italian or Cold Cut Sandwich or Beef Hot Dog with Three Bean Chilis</p>	<p>French Toast Sticks with Turkey Sausage ⁶</p> <p>Chicken Wings, Garlic Toast, and Seasoned Wedges or Grilled Cheese Sandwich</p>	<p>UBR Chocolate Chip ⁷</p> <p>Breaded Spicy or Regular Chicken Sandwich with Coleslaw</p>	<p>Chocolate Chip Muffin ⁸</p> <p>Pepperoni or Cheese Pizza with Tossed Salad</p>
<p>Veterans DAY ¹¹</p>	<p>Mini Powdered Donuts ¹²</p> <p>Nashville Hot Chicken Tenders with Corn Bread Poppers or Grilled Cheese Sandwich</p>	<p>Freshly Baked Cinnamon Rolls ¹³</p> <p>Chicken & Vegetable Dumplings with Chow Mein or Chicken Egg Rolls with Chow Mein</p>	<p>Bagel with Cream Cheese ¹⁴</p> <p>Chicken Waffle Sandwiches with Tater Tots or Cheeseburger Sliders</p>	<p>Ham & Cheese Croissant ¹⁵</p> <p>Pepperoni or Cheese Pizza with Tossed Salad</p>
<p>Assorted Cereal with Crackers ¹⁸</p> <p>Boneless Chicken Wings & Donuts or Grilled Cheese Sandwich</p>	<p>Assorted Concha ¹⁹</p> <p>Crunchy Beef Taco with Refried Beans, Spanish Rice, and Elote Salad</p>	<p>Freshly Baked Chocolate Chip Scones ²⁰</p> <p>Spaghetti & Meatballs with Garlicky Broccoli</p>	<p>Mini Chocolate Donuts ²¹</p> <p>Turkey & Gravy with Mashed Potatoes and Dinner Roll</p>	<p>Egg, Cheese & Sausage Tornado ²²</p> <p>Pepperoni or Cheese Pizza with Tossed Salad</p>
<p>²⁵</p>	<p>²⁶</p>	<p>²⁷</p>	<p>²⁸</p>	<p>²⁹</p>

Thanksgiving break

Mon - Grilled Cheese Sandwich
Tu - Bean & Cheese Burrito
Wed - Cheesy Pull Apart
Th - Cheese Calzone
Fri - Chicken Caesar Wrap



Freshly Prepared
Plant-Based



This institution is an equal opportunity provider